

Puzzle 6 - Changing Me

St Leonards VA lower school overview and adaptations of LKS2 SRE sessions

Year 3
Lesson 1 - Yr3 unit Piece 1 - change
Lesson 2 - Yr3 unit Piece 2 - babies
Lesson 3 - Yr3 unit Piece 3 - puberty intro Use introduction from plan and introduce term 'Puberty' and its meaning. Discuss puberty with class and they can share any thoughts they have on puberty if they wish, TASK - Split A4 page in half and create a poster about things they're looking forward to about growing up and things they are not.
Lesson 4 - Yr3 unit Piece 5 - stereotypes
Lesson 5 - Yr3 unit Piece 6 - looking forward
Lesson 6 - End of year PSHE session as desired by class teacher.
Year 4
Lesson 1 - Yr4 unit Piece 1 - characteristics from parents
Lesson 2 - Yr3 unit Piece 3 - puberty outside. Whole class
Lesson 3 - Yr4 unit Piece 3 - girls and periods. Single sex lesson.
Lesson 4 - Yr4 unit Piece 4 - circle of change
Lesson 5 - Yr4 unit Piece 5 - accepting change
Lesson 6 - Yr4 unit Piece 6 - new school