

Being School Ready



Routine

- Talk to your child about routines at school and what to expect.
- Time to go to school, time to sit down in the classroom, time to play, time to go outside, time to listen, time for lunch, time to go home (role play).

Independence

- Give your child time to play alone at an activity.
- Dress themselves with your encouragement and praise.
- Responsibility for clearing up their toys.
- Problem solving- eg. jigsaw puzzles.
- Resilience- up you get, never mind, it doesn't matter, don't worry about it.

Ready to be left at school?

- Pre school
- Trusted friends to take your child to park/pre-school
- Transition days at school
- Other children's parties- play dates etc.

Able to interact/play with others

- Friends round to play
- Encourage turn taking, listening and sharing, eating meals together, trips to the park or library, dressing up, role play, playing shops, making dens
- Not so much screen time

Ready to learn/conform to expected behaviour

- Talking quietly – listening skills
- Lotto games
- Encourage your child to be responsive to your instructions and to listen to other adults
- Good manners- please/thank-you
- Consistent boundaries and high expectations
- Praise- reward charts

Dressing and undressing

- Velcro shoes
- Elasticated skirts and trouser-no buttons
- Able to dress themselves independently
- Can coats be fastened easily?
- Shoes on the right feet
- Tights on PE day

Lunch times

- Eat meals together at home
- Using cutlery or learning to..
- Cooking and preparing a simple meal together is a really good way to help your child use utensils
- Look at school dinner menu, what do you like?
We have this at home?.....
- Making a choice

Toileting

- Teach your child to ask to go to the toilet
- Ensure clothing is easy for them to pull up and down (no belts)
- Socks easier than tights
- Wiping themselves, flushing, wash and dry hands

Maths, Early Reading and Writing, Language and Communication

- Recognise colours, shapes, numbers
- Singing songs together
- Writing their name in lower case letters (apart from first letter which should be capital)
- Stories
- Listening to instructions
- Lots of fun!

Phoneme articulation

- It is really important that we pronounce the letter sounds correctly to help with early reading and writing

https://www.youtube.com/watch?v=BqhXUW_v-1s

In your packs.....

- Ideas for Maths and Early Phonics skills
- Letter formation
- Number formation
- Powerpoint including phoneme articulation link
- www.foundationyears.org.uk/eyfs-statutory-framework/

Don't worry

- Look at the school's website together- talk about pictures
- Find photos of when you were at school
- Visit the school- attend PTA events, transition days
- Read books together about starting school
- Practise the school morning routine
- Ask your child what they are unsure about? Worried about?

DO NOT-

- Make negative comments about 'big' school- growth mindset
- Over hype it and talk about it endlessly